

Cancer-Fighting Hypotheses

A Cognitive Model Of How Cancer May Function and Thus Be Controlled

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July 4, 2007

Outline

- How Cancer Functions – My Hypotheses
- Killer Foods Hypotheses
- Cancer Control Hypotheses
- What may be wrong with the Killer Foods
- Best Information Sources
- Conclusions

How Cancer May Function I

- It is well known that environmental and ingested carcinogens cause **Cancer cells** in the body.
- It is not well known what causes Cancer cells to grow - - or not - - into **lethal tumors**.
- There is **STRONG** evidence that **animal-source foods** in the diet are a catalyst that triggers existing cancer cell growth to Tumors

How Cancer May Function II

- I (Bill Minnick) in controlled experiments have caused **multiple cancer tumors** to grow in my body by adding **cow's milk and cheese** to my diet – proof of animal foods impact on existing Cancer cells.
- This Cancer Growth Experiment was also demonstrated by Dr. T. C. Campbell and described in his book, *The China Study*

How Cancer May Function III

- In concert with this Hypothesis, I have been completely successful, experimenting on myself, by first **causing** cancer growth and then **blocking** cancer growth by **adding**, then **cutting** specific animal-source foods in my diet.
- Added to my DIET: 2 quarts organic **cow's milk**, 8oz **cheese** per week. RESULT: After 14 weeks -**Prostate Cancer & 12 skin cancers**.

Killer Foods Hypotheses

- Animal-source Foods (Dairy, Meats, Fish, Eggs) Promote Existing Cancer Growth and other Degenerative Diseases.
- Chemically Derived Foods (Hydrogenated Oils, High Fructose Corn Syrup, MSG, - -) Likely Cause and/or Promote Cancer and other Degenerative Diseases.

Cancer Control Hypotheses I

- **Carcinogens cause cancer** cells to form in our bodies over time.
- But these few scattered cancer cells only **grow into lethal tumors** if a few specific foods are present in our diets.
- This Hypothesis is supported by the findings of Dr. T. C. Campbell in his book, *The China Study*

Cancer Control Hypotheses II

- If Cancer is present in the body, it can be put into **permanent remission** by **eliminating animal-source** foods and **chemically-derived** foods in the diet.
- Our life span is **reduced** in proportion to the amount of **animal-source** foods and **chemically-derived** foods we have consumed during our lives.

Cancer Control Hypotheses III

- Contrary to popular opinion, our **genes play a much less significant role** in our health than the accumulated effects of how much **animal-source foods and chemically-derived foods** we have eaten over the years.
- This Hypothesis is supported by the findings of Dr. T. C. Campbell in his book, *The China Study*

Cancer Control Hypotheses IV

- It is significantly more important to reduce consumption of animal-source foods and chemically-derived foods, than it is to eliminate **carcinogens** in the diet and the environment (because the stated diet change blocks growth of cancer cells resulting from exposure to any carcinogen).
- This Hypothesis is supported by the findings of Dr. T. C. Campbell in his book, *The China Study*

Cancer Control Hypotheses V

- Elimination of most animal-source foods and chemically-derived foods consumption will not only put cancer in remission, it will significantly reduce and possibly eliminate essentially all of the degenerative diseases in the human experience (from obesity, joint deterioration, acid reflux, osteoporosis, diabetes, Alzheimer's, Parkinson's, to high blood pressure, heart disease, cancer, and the list goes on).

Cancer Control Hypotheses VI

- These hypotheses lead to one conclusion:: that cancer (and many other degenerative diseases) can be avoided (controlled, forced into remission) by **what we don't eat** - - Not by consuming some costly herbal or food product which claims to heal cancer
- Anyone diagnosed with cancer should **follow doctor's treatments**, but also cut **certain foods** from diet to assure long-term remission.

What May Be Wrong with the Killer Foods I

- **Animal-Source Foods** (Dairy, Meats, Fish, Eggs) are 10 times more Acidic during digestion than **Vegetable Protein Sources**.
- The Human Body is designed to cope with occasional consumption of **Animal-Source foods** - - but not the high volumes of these foods now in the typical American Diet.

What May Be Wrong with the Killer Foods II

- **Chemically-Derived Foods** (Hydrogenated Oils, High Fructose Corn Syrup, Aspartame, MSG, etc) are foreign substances to Human Body Chemistry.
- Hydrogenated oils become **inflammatory** agents in the blood, causing the body to produce **high bad cholesterol** as a defense.
- The Body converts High Fructose Corn Syrup Sweetener directly to **unusable body fat**.

Best Information Sources

- My Web Site: www.EndCancerNow.org
- Search Web For Books & Writings by :
 - Dr. T. Colin Campbell: *The China Study*
 - Dr. Mary Enig: *Know Your Fats*
- Harvard School of Public Health
www.hsph.harvard.edu/nutritionsource/calcium.html

Conclusion

- Anyone diagnosed with cancer can augment standard treatments with stated **Diet Changes** to increase probability of permanent remission.
- These Hypotheses apply for all types and classes of Cancer
- **Research Programs** should be initiated to prove/disprove these stated hypotheses for the general population.